CONSTOCK HIGH SCHOOL Josh Mussche 2012-13

Dedicated Athlete Award



3 Days per Week – June & July – 3-5 Miles Participated in Kalamazoo Mud Run 5 Days per Week – August – 3-6 Miles 4 Days per Week – November to March – 2-8 Miles

Varsity Soccer – 2010
Varsity Cross Country – 2011, 2012
Varsity Track – 2011, 2012, 2013
2012 – HM Wolverine Conference 1600 M Relay
2013 – 3 year Varsity Award

Overwhelming Desire, Dedication, and Determination in Cross Country and Track & Field

